



THE COLLEGE OF
OPTOMETRISTS

Stage Two

Overarching case scenario 25

Gender: Male	Age: 30
Occupation: Chef; Driver	



THE COLLEGE OF OPTOMETRISTS

LENS SUITABILITY CHECK

History and Symptoms

Previous Ocular History: Stable Rx, Last eye test around 2 years ago. No other issues. Dist and near vision good spectacles. Wants RGPs as told this would be the best option and spectacles a problem at work.

No HA, No diplopia, No flashes or floaters.

Allergies: Seasonal hayfever, mild. Sometimes affects eyes if hayfever flares

General Health: Eczema, otherwise good

Medication: Hydrocortisone cream and antihistamine tablets as needed.

Expectations

Wearing Time: full time, min 8hrs per day, 6 days per week Hobbies: Running, gym

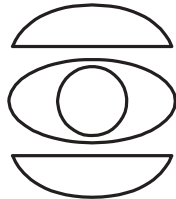
Modality: RGP

Previous CL History

R					
L					Info: none

Keratometry			HVID	Palpebral Ap	Pupil Diameter	Dominant Eye	
R	H 7.40	V 7.75	10.5	8.0	5mm, 3mm	R	L
L	H 7.7	V 7.8					

Slit lamp observations

R		Clean No hyperaemia No staining No neovasc Good 6sec	Lids/Lashes Conjunctiva Cornea Limbus Tears R25 TBUT / TAHT	Clean No hyperaemia No staining No neovasc Good 6sec	L
---	---	---	---	---	---

CONTACT LENS ASSESSMENT													
Current Refraction							Optometrist:						
	Sph	Cyl	Axis	Prism	VA	Add		Sph	Cyl	Axis	Prism	VA	Add
R	+6.00	+2.00	180		6/9+		L	+7.00	DS			6/6	
Trial Lenses													
	Base	Dia	Sph	Cyl	Axis	Over refraction	V/A	Near				V/A	
R	7.70	9.30	+6.50			+2.00	6/9+					N6	
L	7.80	9.3	+7.50			Plano	6/6					N5	

Type: Boston EO

Lens Fit		MOVEMENT	
R	Alignment fit, sitting low	Push Up	Alignment fit, sitting low L
		On blink	
		Moves well, doesn't override limbus	

Lens Specifications

Supplier: Boston Lens Type:EO Modality: Yearly

	Base	Dia	Sph	Cyl	Axis	Add
R	7.7	9.30	+8.50			
L	7.80	9.30	+7.50			

Comments:

Lens Collection

- | | | |
|---|------------------|---|
| <input type="checkbox"/> Wearing guide issued | SOLUTIONS | <input type="checkbox"/> Next appointment 2/52 |
| <input type="checkbox"/> Explained | | <input type="checkbox"/> Wear lenses Y |
| <input type="checkbox"/> Signed by Px | WEARING SCHEDULE | <input type="checkbox"/> Bring glasses <input type="checkbox"/> Bring CL case |

Insertion & Removal teach on collection successful.	Px advised Boston solutions, all explained.	Optometrist/CLO
Signed	Date	Signed Date

CONTACT LENS AFTERCARE

Age: 30	Occupation: Chef
----------------	-------------------------

RFV : Return following RGP trial
 Comfort: Not too bad, RE bit more uncomfy than left
 Vision: Not as good as it could be, distance & near.

Not swimming, showering or sleeping in lenses, happy with care regime
 No pain, redness or discharge.
 Previous: No HES or other issues

General Health/Meds: Fine, no meds

Compliance

Solution use: Boston 2 Step Last Eye Exam: 2 years ago
 Back Up Spectacles: yes, from last test

Supplier: Boston			Lens Type: EO RGP				
	Base	Dia	Sph	Cyl	Axis	VA	Condition
R	7.7	9.30	8.00			6/9	variable VA
L	7.8	9.30	7.00			6/6	

Wearing Times
Avg. 4 hrs max 5/7 days
Max 4hrs
Today 30 mins

Lens Fit		MOVEMENT	
R		Push Up	L
		On blink	

Click to add text

Slit lamp observations

R	Clean	Lids/Lashes	Clean	L
	No hyperaemia	Conjunctiva	No hyperaemia	
	Grade 1 staining No neovasc	Cornea	No staining No neovasc	
	Good 6sec	Limbus	Good 6sec	
		Tears		
		TBUT / TAHT		

Advice

Advised to carry on increasing wearing time by 1 hour a day and come back in 1 year, if any problems return sooner. Advised no swim, sleep or shower in lenses.

Final Specification

Supplier: Boston			Lens Type: EO				
	Base	Dia	Sph	Cyl	Axis	Add	VA
R	7.7	9.3	8.50			-	6/7.5
L	7.8	9.3	7.00			-	6/6

Solutions:
 Boston 2 step cleaning and soaking solutions

Clinician name	Signed
----------------	--------